

ISTROUMASPORTS

Flag Football 2022 Timeline

Updated: June 9, 2022
Date & Times subject to change

Registration		4-5 Years	6-9 Years	10-14 Years
Early	June 13 – July 3	\$55	\$70	\$90
Regular	July 4-17	\$75	\$95	\$115
Late	July 18-24	\$95	\$115	\$140
<ul style="list-style-type: none"> Late registrants will be unable to request friends as teammates. 				
Date	Time	Event		
August 15 or 16	Monday 5:45-8:00 – 11U & 14U Tuesday 5:45-7:30 – 7U & 9U Tuesday 6:15-7:00 – 5U (sizing only)	Player Clinic: Evaluations & Uniform Sizing		
September 8	Thursday 6:30-8:30 pm	Coaches Development		
September 10	Saturday morning	Practice		
September 12 or 13	Monday or Tuesday	Practice		
September 17	Saturday morning	Practice		
September 19 or 20	Monday or Tuesday	Practice		
September 24	Saturday morning	Game 1		
September 26 or 27	Monday or Tuesday	Practice		
October 1	Saturday morning	Game 2		
October 3, 4, or 6	Monday, Tuesday, or Thursday	Game 3		
October 8	Saturday morning	Game 4		
October 10 or 11	Monday or Tuesday	Practice		
October 15	Saturday morning	Game 5		
October 17 or 18	Monday or Tuesday	Practice: Redemption Week		
October 22	Saturday morning	Game 6		
October 24 or 25	Monday or Tuesday	Practice		
October 29	Saturday morning	Game 7		
November 1 or 4*	Tuesday or Friday* *Monday practice rescheduled	Practice		
November 5	Saturday morning	Game 8		
November 5	After games	Season Celebration		

Make-up practices and games could be played on Thursday or Friday.

Make-up games could be played on Sunday: September 25 or October 16, 23.

5U will practice on Saturday and play games in addition to practice starting September 24.