

ISTROUMASPORTS

2022 VOLLEYBALL PRACTICE SCHEDULE

7U GIRLS

9U GIRLS

11U GIRLS

14U GIRLS

MONDAY

GRACE	MERCY 1	MERCY 2
6:00-7:00	6:00-7:00	6:30-7:30
COMETS	SIZZLE	CHILL

TUESDAY

GRACE	MERCY 1	MERCY 2
6:00-7:00	6:00-7:00	6:30-7:30
STARS	ICE	HEAT

THURSDAY

GRACE 1	GRACE 2	MERCY
6:00-7:15	6:00-7:15	6:00-7:00
BLAZE	BREEZE	STUNNERS

Teams on this night will practice and then transition to a game