

# ISTROUMASPORTS

## 2022 FLAG FOOTBALL PRACTICE SCHEDULE

14U BOYS

11U BOYS

9U BOYS

7U BOYS

5U BOYS

### MONDAY

FAITH	HOPE	GLORY	JOY	PEACE
5:30-7:00	5:30-7:00	5:30-6:45	5:30-6:45	5:30-6:45
<b>FIREBIRDS</b>	<b>SABERCATS</b>	<b>PHANTOMS</b>	<b>GLADIATORS</b>	<b>KNIGHTS</b>
5:30-7:00	5:30-7:00	5:30-6:30	5:30-6:30	5:30-6:30
<b>RAMPAGE</b>	<b>STAMPEDE</b>	<b>BOBCATS</b>	<b>RATTLERS</b>	<b>DRAGONS</b>

### TUESDAY

FAITH	HOPE	GLORY	JOY	PEACE
5:30-7:00	5:30-7:00	5:30-6:45	5:30-6:45	5:30-6:45
<b>BATTLEHAWKS</b>	<b>THUNDERBEARS</b>	<b>WRANGLERS</b>	<b>COMMANDOS</b>	<b>GUARDIANS</b>
5:30-7:00	5:30-7:00	5:30-6:30	5:30-6:30	5:30-6:30
<b>DYNAMITE</b>	<b>EMPIRE</b>	<b>COBRAS</b>	<b>PIRANHAS</b>	<b>MUSTANGS</b>

5U Boys do not practice midweek. Check the Saturday Practice Schedule and Game Schedule for fields and times.