

# ISTROUMASPORTS

## Tentative Flag Football 2023 Timeline

Updated: November 8, 2022

*Dates subject to change*

Registration based on age by 1-1-23		4-5 years	6-9 years	10-14 years
Early	July 3-9	\$55	\$70	\$90
Regular	July 10-16	\$75	\$95	\$115
Late ( <i>no friend requests</i> )	July 17-24	\$95	\$115	\$140
<ul style="list-style-type: none"> <li>Registration will close at 10pm on July 9 &amp; 16 and will reopen at noon the following days.</li> </ul>				
Date	Time	Event		
August 15 or 17	5U – Tuesday or Thursday, 6:15-6:45 7U & 9U – Thursday, 5:45-7:15 11U & 14U – Tuesday, 5:45-7:45	<b>The Combine:</b> Player Evaluations, Uniform Sizing, and Parent Meeting		
September 9	Saturday	Coaches Development		
September 9	Saturday	First Practice		
September 11 or 12	Monday or Tuesday @ 5:30	Practice		
September 16	Saturday	Practice		
September 18 or 19	Monday or Tuesday @ 5:30	Practice		
September 23	Saturday	<b>Game 1</b>		
September 25, 26, or 28	Monday or Tuesday	<b>Game 2 (5U excluded)</b>		
September 30	Saturday	<b>Game 3</b>		
October 2 or 3	Monday or Tuesday @ 5:30	Practice		
October 7	Saturday	<b>Game 4</b>		
October 9 or 10	Monday or Tuesday @ 5:30	Practice		
October 14	Saturday	<b>Game 5</b>		
October 16 or 17	Monday or Tuesday @ 5:30	Practice: Redemption Week		
October 21	Saturday	<b>Game 6</b>		
October 23 or 24	Monday or Tuesday @ 5:30	Practice		
October 28	Saturday	<b>Game 7: Season Celebration</b>		
October 30	Monday	<b>Game 8: 11U &amp; 14U</b>		
November 2	Thursday @ 5:30	Practice: 11U & 14U		
November 4	Saturday morning	<b>5U Game + Playoffs: 11U &amp; 14U</b>		

Make-up practices and games could be played on Thursday or Friday.

Make-up games could be played on Sunday: October 1, 15, 29.

5U will practice on Saturday and play games in addition to practice starting September 23.