

ISTROUMA SPORTS

Flag Football 2026 Timeline

Updated: December 3, 2025
Dates subject to change

Registration based on age by 09-14-26	Boys, 4-5 years	Boys, 6-9 years	Boys, 10-17 years
Early	July 15-21	\$100	\$120
Late	July 22-28	\$130	\$150
Waitlisted		\$140	\$160
			\$190

Parents who apply and volunteer as a coach during registration will receive a partial refund.

Date	Day	Event
August 18	Tuesday @ 5:30-8:30	The Combine
September 14 or 15	Monday or Tuesday	First Practice
September 19	Saturday	Practice: Scrimmage
September 19	Saturday	Coach Development: Pregame
September 21 or 22	Monday or Tuesday	Practice
September 26	Saturday	Game 1
September 28 or 29	Monday or Tuesday	Practice
October 3	Saturday	Game 2
October 5 or 6	Monday or Tuesday	Practice
October 10	Saturday	Game 3
October 12 or 13	Monday or Tuesday	Practice
October 17	Saturday	Game 4
October 19 or 20	Monday or Tuesday	Practice
October 19 or 20	Monday or Tuesday	Coach Development: Midseason
October 24	Saturday	Game 5
October 26 or 27	Monday or Tuesday	Practice: Gospel Presentation
October 31	Saturday	Game 6
November 2 or 3	Monday or Tuesday	Practice
November 7	Saturday	Final Game Day
November 8	Sunday @ 9:30	Season Celebration @ Istrouma Baptist Church

Make-up practices and games could be played on Thursday or Friday.