

ISTROUMASPORTS

11U GIRLS VOLLEYBALL RULES

Game Format

- Volleyball – Molten VBU12 Light
- Net height – 6 feet
- Games will consist of at least three sets to 25 points. Teams must win by at least 2 points, capped at 30.
- One timeout is allowed per game.
- Home team will start the first set serving. Losing team of the previous set will serve first the next set.
- Home team will provide a scorekeeper.
- Coaches will officiate the game.

Division Rules

- A team will start the first set with 1 point if they have more players who recite the weekly bible verse from memory than their opponent.
- Players will serve from the black line for the first two sets.
- Players will serve from the white line for the remaining sets.
- One player can serve a max of 5 consecutive times. After the fifth successful, consecutive point, the team in possession will rotate players and continue serving.
 - At this point, the coach for the receiving team can change positions of players on the court to return the serve. Players must return to previous positions when the team gains possession.
- The ball is dead if it hits the curtain, ceiling, wall, backboard, or referee stand

Campus Policy

- Fans must remain off the court and by the bleachers for the entirety of the game.
- Fans are asked to cheer on their players, not jeer at officials or opponents.

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14U GIRLS VOLLEYBALL RULES

Game Format

- Volleyball – Molten L2
- Net height – 7 feet, 4 inches
- Games will consist of at least three sets to 25 points. Teams must win by at least 2 points, capped at 30.
- One timeout is allowed per game.
- Home team will start the first set serving. Losing team of the previous set will serve first the next set.
- Home team will provide a scorekeeper.
- Coaches will officiate the game.

Division Rules

- A team will start the first set with 1 point if they have more players who recite the weekly bible verse from memory than their opponent.
- Players must serve from the white line.
- One player can serve a max of 5 consecutive times. After the fifth successful, consecutive point, the team in possession will rotate players and continue serving.
 - At this point, the coach for the receiving team can change positions of players on the court to return the serve. Players must return to previous positions when the team gains possession.
- The ball is dead if it hits the curtain, ceiling, wall, backboard, or referee stand

Campus Policy

- Fans must remain off the court and by the bleachers for the entirety of the game.
- Fans are asked to cheer on their players, not jeer at officials or opponents.

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17U GIRLS VOLLEYBALL RULES

Game Format

- Volleyball – Molten L2
- Net height – 7 feet, 4
- Games will consist of three sets to 25 points. Teams must win by at least 2 points, capped at 30.
- One timeout is allowed per game.
- Home team will start the first set serving. Losing team of the previous set will serve first the next set.
- Home team will provide a scorekeeper.
- Coaches will officiate the game.

Division Rules

- A team will start the game with 1 point if they recite more bible verses from memory than the other team.
- Players must serve from the white line.
- One player can serve a max of 8 consecutive times. After the eighth successful, consecutive point, the team in possession will rotate players and continue serving.
 - At this point, the coach for the receiving team can change positions of players on the court to return the serve. Players must return to previous positions when the team gains possession
- The ball is dead if it hits the curtain, ceiling, wall, backboard, or referee stand

Campus Policy

- Fans must remain off the court and by the bleachers for the entirety of the game.
- Fans are asked to cheer on their players, not jeer at officials or opponents.