

ISTROUMASPORTS

2026 FLAG FOOTBALL PRACTICE SCHEDULE

TEAM	DAY	TIME	FIELD	DIVISION
BANDITS	TUESDAY	6:45-8:15	9	11U BOYS
BATTLEHAWKS	TUESDAY	5:45-7:15	10	14U BOYS
BOBCATS	TUESDAY	6:30-7:30	6	7U BOYS
BREAKERS	TUESDAY	6:35-7:45	8	9U BOYS
COBRAS	MONDAY	5:45-6:45	6	7U BOYS
COMMANDOS	MONDAY	5:45-6:55	8	9U BOYS
DESPERADOS	MONDAY	5:45-7:15	9	11U BOYS
DIESEL	SATURDAY	9:30-11:45	9	17U BOYS
DRAGONS	TUESDAY	5:45-6:45	6	7U BOYS
FIREBIRDS	TUESDAY	6:45-8:15	10	14U BOYS
GLADIATORS	MONDAY	6:35-7:45	8	9U BOYS
GUARDIANS	TUESDAY	5:45-6:55	8	9U BOYS
HOT SHOTS	SATURDAY	10:30-11:30	1	5U BOYS
KNIGHTS	MONDAY	6:35-7:45	7	9U BOYS
LEGENDS	SATURDAY	10:30-11:30	1	5U BOYS
MUSTANGS	TUESDAY	5:45-6:45	7	7U BOYS
OUTLAWS	TUESDAY	5:45-7:15	9	11U BOYS
PHANTOMS	MONDAY	5:45-6:55	7	9U BOYS
PIRANHAS	TUESDAY	6:30-7:30	7	7U BOYS
RATTLERS	MONDAY	6:30-7:30	6	7U BOYS
SABERCATS	MONDAY	5:45-7:15	10	14U BOYS
THUNDERBEARS	MONDAY	6:45-8:15	10	14U BOYS
WRANGLERS	MONDAY	6:45-8:15	9	11U BOYS