

ISTROUMASPORTS

2026 VOLLEYBALL

THEME: WHAT DOES GOD TEACH US THROUGH SPORTS?

MEMORY VERSE: 1 Corinthians 10:31 *"So, whether you eat or drink, or whatever you do, do it all to the glory of God."*

DATE	TOPIC
Week 2A: Sept 28 – Oct 1	KNOWLEDGE: Introduction
Week 2B: October 3	HUMILITY (in winning)
Week 3: October 5-10	GRACE (in losing)
Week 4: October 12-17	COMPETITION: Performance
Week 5: October 19-24	PREPARATION: Practice
Week 6: October 26-31	ROLE PLAYER: Importance & uniqueness
Week 7: November 2-7	TEAMWORK: Encouragement & selflessness
Week 8: November 9-14	REMEMBRANCE: Recap